

Martin Acres

A Bi-Monthly Newsletter

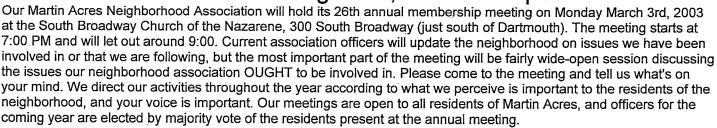
MANA (Martin Acres
Neighborhood Association)
P.O. Box 3514
Boulder, CO 80303
http://martinacres.org
email list: manalist@flatiron.com

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MANA 26th Annual Meeting:

Meet Your Neighbors, Air Your Gripes



Martin Acres Neighborhood Association 2003-2004 Election Slate for presentation at MANA Annual Meeting, March 3, 2003. Please note that nominations are not restricted to this slate—we will take nominations at the meeting just prior to voting, and you are encouraged to nominate yourself if you would like to play an active part in the association.

Officers

President: Steve Clason Vice-President: Mark Stangl Secretary: Jerry Wyss Treasurer: Bennett Scharf

Committee Chairs

Beautification: TBD
Voice Distribution: Maureen Maloney
Voice Editor: Susan Holloway
Zoning/Code Enf.: Camille Hook

Area Leaders

1A Megan Leben 1B Jim Petri 2 Betty Schweikert 3 Mark Fearer 4 Terry Snyder



Pops and Scrapes Update—by Steve Clason The Planning Board held a discussion session on the Pops and Scrapes project to hear the results from some focus groups organized to take the pulse of the city regarding the issue. It seemed clear that the Planning Board members favored creating regulations to further regulate what they are calling "large scale additions", however, they didn't manage to define what the next step in the project ought to be, which was their mission at the meeting.

Apparently, the next step will be discussed at the City Council Goal-Setting Retreat in March. Although most members of council also seem to favor some additional regulation, they also are much more responsive to citizen input than the current planning board and so will probably want to make a large effort to engage the citizens in a discussion about the issue. Budget problems might delay the project: any activity engaging the citizenry on a large scale requires enormous staff time, and staff resources are shrinking along with the budget, making continuation of the project problematic.

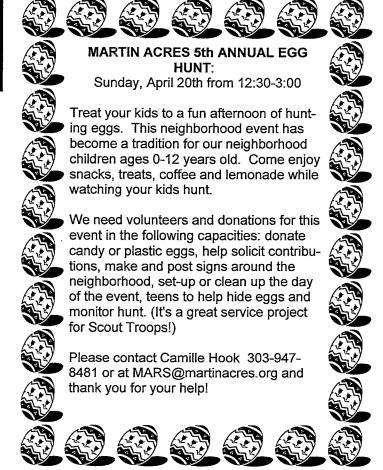
You can keep up with what's going on by checking the MANA website periodically (www.martinacres.org) or you can contact Steve Clason (steve@clason.org, 303-494-8285).

Martin Acres Home Tour "To Pop or not to Pop"

Mark your calendars for May 18th, 2003

A Seasonal Reminder—by Susan B. Ollar, Ph. D. As a clinical psychologist for 14 years, I have heard many patients and friends express some kind of relief after the holidays have passed: job well done, spiritual fulfillment, time for a rest. However, I've found that this year it's different. Many people are feeling uneasy, living with the economic downturn, and especially news of plans for war and terrorist retaliation looming on the horizon. Some tension and sadness is appropriate at times like this. Depression and anxiety may be limiting feelings of well-being, causing us to feel out or sorts: anxious and blue.

Signs of anxiety and depression include change in appetite; trouble getting to sleep and/or staying asleep; persisting feelings of sadness, worthlessness, dread and agitation. We might find that we are irritable and anxious or have lost interest/pleasure in daily activities. If you find yourself experiencing the painful symptoms of depression and anxiety, you may well benefit from a professional evaluation. A good first stop is at your doctor's office to discuss your symptoms and referrals for appropriate care. Depression and anxiety are treatable and benefit from reaching out to those we trust, psychotherapy and medication when needed. There is no need to feel that we are trapped by our feelings. Help helps.



City support of Neighborhood Clean Up - Camille Hook

In response to Boulder neighborhood concerns regarding code violations, the Environmental Enforcement Office (EEO) has been directed to begin proactive work in the four neighborhoods surrounding the University. University Hill, Goss Grove, Martin Acres and East Aurora are now being patrolled weekly or monthly for proactive identification of code violations. The EEO strives to uphold the different standards of individual neighborhoods based on strong communications with neighborhood associations and long standing relations within neighborhoods.

Martin Acres will have one hour patrols twice a month; once each for the East and West sides of our neighborhood. Goss Grove and East Aurora will be patrolled one time a month and Uni Hill has patrols once to twice a week. With the exception of Uni Hill, properties in code violation will receive a notification letter of the violation. Two weeks after the letter, unaddressed violations will be served a ticket. In Uni Hill the majority of violations will immediately receive a ticket.

This type of proactive work is frequent enough to keep our neighbors in alignment with city codes yet avoids invading the comforts of our neighborhood's looser noncovenant approach to living. The EEO made it clear that they do not focus on rental properties versus owner occupied properties, but violations of code.

This proactive approach is in perfect alignment with our neighborhood association's MARS committee (Martin Acres Referral Service) which is our friendly way to let neighbors know of alleged violations on their properties. It should be clear to all households that a notice issued by either MARS or EEO are no longer solely issued by complaint. More importantly the EEO holds a stricter standard than MARS as they are officers of law enforcement and MARS is simply a group of friendly neighbors giving each other a "heads up" on code violations.

Please address any questions to Camille Hook, MARS@martinacres.org 303-947-8481.

NOISE COPS The City of Boulder Environmental Enforcement Office is responsible for enforcing what are called "neighborhood livability" laws-noise, weeds, trash, and so on. We have invited them to our April meeting (April 7th, 2003 at the South Broadway Church of the Nazarene, 300 S. Broadway) to talk to us about enforcement efforts and what we can do to avoid having them directed at us. Boulder has recently changed its laws related to neighborhood livability and its enforcement policies, so this will be a good opportunity to find out what those changes mean.

VOICE Distribution—Please volunteer for VOICE distribution. This is a bimonthly responsibility, and a great way to meet your neighbors. The vacancies are: * 32nd - West side from Ash to Dartmouth * Moorhead - from Nick's Auto to Martin * Ash from Lashley to Martin. Please contact Maureen Maloney at 494-2580, or at maurnote@ix. netcom.com

MANA officers and their contact information:

Pres.: Steve Clason, 303-494-8285, steve@clason.org.
VP: Mark Stangl, 303-499-3163, mana@msesystems.com Secretary: Jerry Wyss, 303-494-1971, jcwyss@csti.com
MANA Treasurer: Bennett Scharf, 303-499-5119, Treasurer@martinacres.org

Zoning/Code & MARS Chair: Camille Hook, 303-947-8481, MARS@martinacres.org

Beautification: Jan Clason, 494-8285, beautification@martinacres.org

VOICE Editor: S Holloway, 499-8842, VOICE@martinacres.org VOICE Distribution Coordinator: Maureen Maloney, 494-2580, maurnote@ix.netcom.com

Block Leaders:

Area 1A: Martin Dr.-Table Mesa-Martin Park & School S. 44th; Megan Leben-499.2324, leben@uswest.net

Area 1B: Martin Dr.-Table Mesa-US 36-N&E side S. 42nd; Jim Petri; 494-1070

Area 2: Martin Dr.-US36-N&W side S. 42nd; Betty Schweikert, 499-6909, wbschweikert@hotmail.com

Area 3: Martin Dr.-Martin Park/School-S. Broadway-Ash; Mark Fearer; 543-0987, boulder@fullpower.org.

Area 4: Martin Dr.-27th Way-Moorhead-Ash; Terry Snyder-494.9040, Area4@martinacres.org

Sharing & Matching

Ads are \$10.00 for the first three lines, \$2.50 per line thereafter. Contact Susan at 499-8842 or VOICE@martinacres.org by February 5th to place your ad for the March 2003 VOICE.

A Touch of Wellness

Charlene Thompson offers pet care services, including: doggie day care & boarding, home made, organic dog & cat food. She also represents healthcare products: Multipure, Nikken & Melaluca. Call 499-3660

Paul Carter Painting, Martin Acres Resident, Interior/Exterior, Neighborhood references available! 494-5362

Remodel & Repair- I do all Trades including carpentry, drywall, electrical, plumbing, paint, tile & egress windows. Baths and Kitchens a specialty. I have lived in Martin Acres 24 years, and worked in the trades for 35 years. I also do design consulting. Call Dick Ollar 494-5100. Excellent references available.

Catch up, keep up, get ahead! Tutoring in Martin Acres in English, French, reading and writing skills for middle school through college age students. 8 years experience teaching students of all ages and ability levels. French lessons for adults, too! \$25/hr. in my home, \$30 in yours. Corinne McKay 303-499-3302

Steve Yoder Construction Decks-Baths-Kitchens-Windows-Remodels-Home Repair. Remodeling in Boulder since 1987. Contact at 303-443-7513. Excellent references.

The Church of the Nazarene is a small Christian Community within walking distance of most of Martin Acres that would love to have more neighborhood families join us in worship. On Sundays, Sunday school begins at 9:15, service is at 10:30 am. For information, contact pastor Bob Franz at 303-494-8810.

Welcoming New Neighbors: Welcome new neighbors by contacting Jan Clason for a Martin Acres Welcome Packet. 303-494-8285, or beautification@martinacres.org

Joanne Kaufman, CMT, welcomes clients for therapeutic massage at her office in Martin Acres. \$45 per hour massage; discounts for holidays. Call 303-447-0564 or 720-317-5016 or email joannekaufman@yahoo.com to make an appointment!

Clothes too tight (or too loose) after the holidays? Martin Acres SEW GODDESS can help. 720-304-6110 Special projects, alterations, hems.

Night & Day Window Coverings Major brand. Shop at home. Competitive pricing. Professional installation. Call Kathleen & Feith Freebern (303)494-4827.

Suburban Services Interior and exterior finishes and drywall installation and repair, carpentry, and concrete services. 30 years experience. Call Larry Hurley 469-7737.

Join us for worship at Mt. Hope Lutheran Church. Traditional worship Sunday at 9:00 AM. 1345 S. Broadway, across from Fairview High. For more info phone 303-499-9800.

EVERYONE'S HAIR; Traditional clipper & Modern cuts. Men-Women-Kids. Paul Mitchell & Nexus Products. Basemar and Broadway 303-494-2166.

Help wanted with gardening (edging, mulching, weeding, composting). \$5.00/hour Please call 303-499-7878 or email Ismith@ucar.edu.

Please stop by our Community Sponsors (Grease Monkey, Nick's Auto Repair, Pet Menders Animal Hospital) to say thank you for their sponsorship of the MANA 25th Anniversary Magnets.

Subscribing to the MANA email list — Send an email to majordomo@flatiron.com with the following in the body of the text: subscribe manalist. Join this forum for a lively exchange of commentary.

Sunflower Preschool has been providing high quality care in the Martin Acres neighborhood since 1981. We are open Mon.-Fri. 8:30 am to 3:30 pm all year long including Summer Camp. Come visit us soon and see for yourself. We are accredited by NAEYC, are outdoor oriented and have a hands-on curriculum. Now offering part time. 3340 Dartmouth Ave. 303-494-2012.